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Lonely Planet World Food Indonesia (Lonely Planet World Food Guides)



Synopsis

This guide to Indonesian cuisine covers the vast culinary repertoire of these islands. It covers: a bicycle tour through local producers - the making of rice wine, soy sauce, tempeh and tofu; buying fish in Pangandaran; Indonesian family life and festivities; and food that appeases the spirits.

Book Information

Series: Lonely Planet World Food Guides

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Customer Reviews

This new World Food book explores the delicious but simple cuisine of the Indonesians.

Entertaining, opinionated and contemporary in style, these full colour, pocket-sized guides are for people who live to eat, drink and travel.

These Lonely Planet Food Guides represent excellent value and are very comprehensive as a first introduction to a foreign cuisine. Shame the series is no longer in print.

Lonely Planet's "World Food: Indonesia" is an excellent place to start learning about Indonesian cuisine. It's not a cookbook, it's an explanation of both what you'll find to eat and how the diet reflects upon the culture. I highly recommend this book for someone wanting to start learning about how to eat in Indonesia.

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